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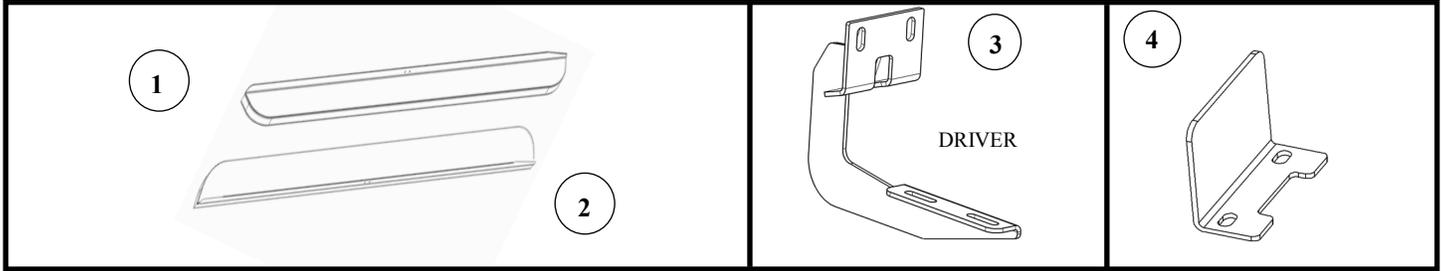
AUTOMOTIVE PRODUCTS, INC.

INSTALLATION INSTRUCTIONS

HDX RUNNING BOARDS

APPLICATION: FORD F150 2004-14 REGULAR CAB

PART # 57-53505



ITEM	QUANTITY	DESCRIPTION	TOOLS NEEDED
1	1	RUNNING BOARD PASSENGER	13MM SOCKET
2	1	RUNNING BOARD DRIVER	13MM WRENCH
3	4	MOUNTING BRACKETS - 3 DRVR./3 PASS.	RATCHET
4	2	BOOT SCRAPER	RATCHET EXTENSION
5	24	M8 HEX HEAD BOLT	TORQUE WRENCH
6	24	M8 24MM Flat Washer	5/16" DRILL BIT
7	24	M8 LOCK WASHER	TRANSFER PUNCH
8	16	M8 U-NUT	SILICONE
9	8	M8 16MM FLAT WASHER	
10	8	M8 HEX NUT	
11	4	M9.5 External Tooth Lock Washer	
12	4	M9.5 Hex Head Self Tap Screw	

ANTI-SEIZE LUBRICANT MUST BE USED ON ALL STAINLESS STEEL FASTENERS TO PREVENT THREAD DAMAGE AND GALLING .

- Remove contents from box, verify if all parts listed are present and free from damage. Carefully read and understand all instructions before attempting installation.
- Identify driver and passenger side running boards and install M8 u-nut clips (Item 8) to the underside of the boards. **Figure 1.**
- Starting on the drivers side rocker panel, locate a piece of black tape. Remove the tape to reveal a rectangle hole. Take (2) M8 nut clips (item 8) and place them over the two round holes located vertically into the rocker panel. **Figure 3.**
- Take the drivers side front mounting bracket (item 3), and attach it to the previously installed nut clips using (2) M8 hex head bolts (item 5), (2) M8 lock washers (item 7), and (2) M8 large flat washers (item 6). Do not fully tighten at this time, the cradles will face the rear of the vehicle. **Figure 4.**
- Attach the mounting bracket to the bottom holes in the rocker panel using (2) M8 hex head bolts (item 5), (2) M8 large flat washers (item 6), (2) M8 flat washers (item 9), (2) M8 lock washers (item 7), and (2) M8 hex nuts (item 10). Do not fully tighten at this time. **Figures 4.**
- Repeat steps 3-5 for the center and rear mounting brackets.
- Take the drivers side running board and place it onto the mounting bracket cradles; align the running board with the mounting holes in the brackets and attach using (6) M8 hex head bolts (item 5), (6) M8 lock washers (item 7), and (6) M8 large flat washers (item 6) **Figure 2.** Do not fully tighten at this time.
- Align and adjust the running board as needed then fully tighten all hardware at this time. Torque all M8 hardware to 20 ft lbs.
- Repeat steps 3-8 for the passenger side.



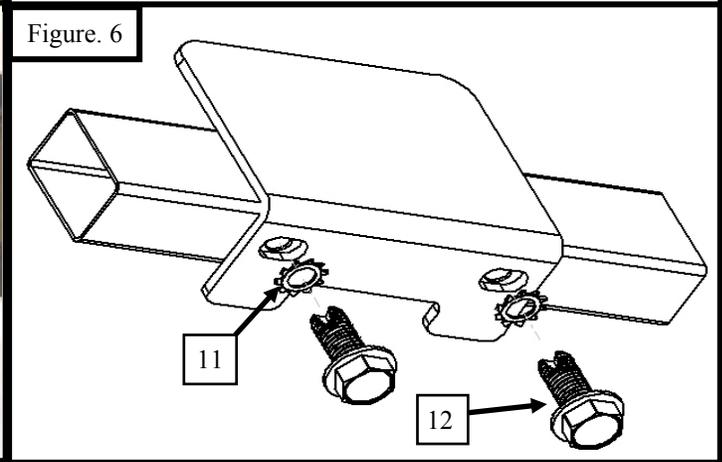
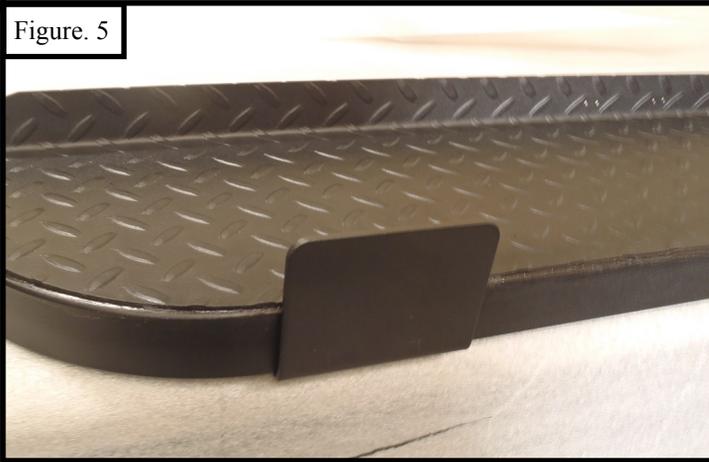
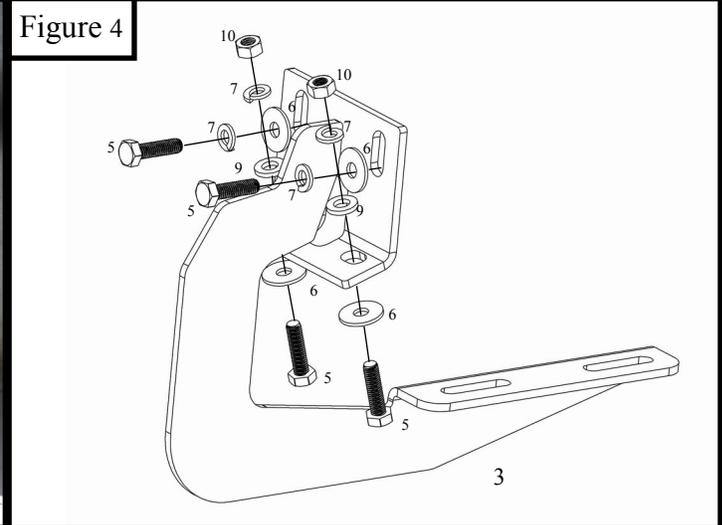
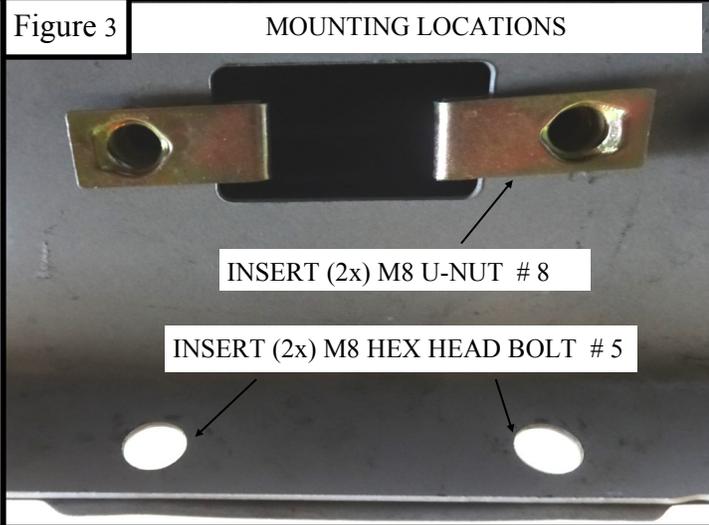
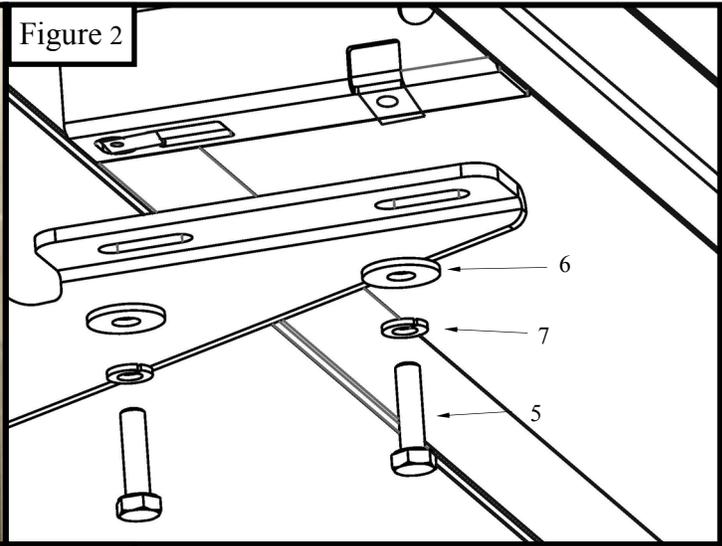
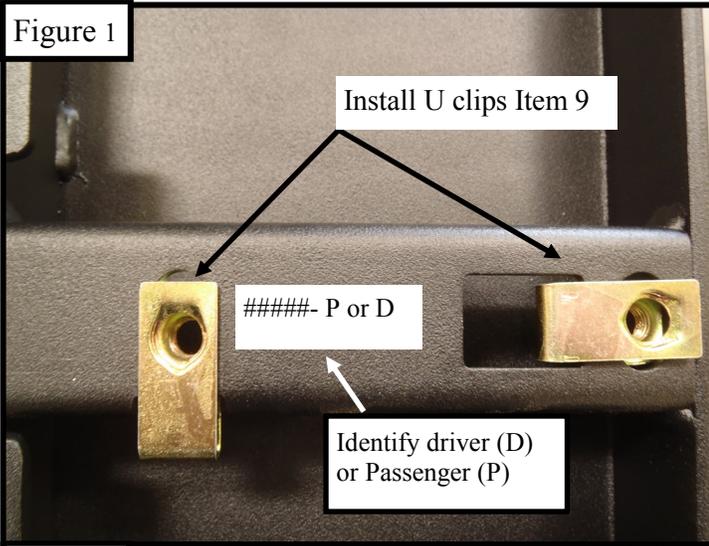
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Boot scraper (OPTIONAL) can be installed anywhere on the underside front edge of the running board. Place the boot scraper (item 4) on the underside of the running board rail. Then mark the position that it will be installed using a transfer punch. Remove the boot scraper; then using a 5/16" drill bit align it with the previously made marks and drill through the bottom of the rail on the running board. Thread in (2x) 9.5mm hex head self tapping screws. Remove the screws and add some silicone sealant in the holes to prevent rust. Attach the boot scraper (item 4) using (2x) 9.5mm Hex Flange Head Self Threading Screw (item 12) and (2x) 9.5mm external toothed lock washers (item 11). (Figure 6) Torque all M9.5 hardware to 18 ft. lbs.

Installation complete



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